

Clarington SPORTS HALL OF FAME!

The ninth annual Clarington Sports Hall of Fame will be **Saturday, October 22nd**. Please join us as we honour the 2011 Clarington Sports Hall of Fame Inductees! Share in the celebration of the success of these amazing athletes.



We are pleased to have NHL coaching legend Jacques Demers as our guest speaker this year. Jacques is a former Head Coach for the National Hockey League Montreal Canadiens, Quebec Nordiques, St. Louis Blues, Detroit Red Wings and Tampa Bay Lightning. He has won two consecutive Jack Adams Awards with Detroit in 1987 and 1988, the only person to do this in consecutive years. In 1993 he led Montreal to its most recent Stanley Cup.

In 2009, Jacques was appointed by Prime Minister Stephen Harper to the Canadian Senate.

Tickets for the Hall of Fame Induction Ceremony will be available September 12th.
For more information please call 905-623-5728.

2010 INDUCTEES



“Eat Smart” in the Clarington Facilities

The Garnet B. Rickard Recreation Complex is one of the first in Durham Region to be awarded and recognized in the “Eat Smart Recreation Program”. This is a new program launched by Durham Region Health Department in 2010. Criteria to achieve this award require specific ingredient standards and guidelines for Nutritional Choices within Canada’s Food Guide, an excellent Safe Food Handling Practices track record and comply with the Smoke Free Ontario Act.



We are pleased to do our part to contribute to the goals of the “Eat Smart Recreation Program” in our community to reduce chronic diseases and foodborne illness in Ontario.

The next time you snack at the arenas choose from our “Healthier Choices in Arena Menu”.



LOOKING FOR A PART-TIME JOB?



Join our Staff Team for...
• great experiences
• special memories
• personal achievement and satisfaction

General Staff Requirements

- ✓ minimum age for employment is 16 years (please see specific requirements for variances)
- ✓ applicants must be mature, responsible, enthusiastic and have an interest in working with a variety of people
- ✓ all staff must submit a criminal information/vulnerable sector check

Recreation Programs

- ✓ all staff must have a current Standard First Aid Certificate and CPR 'C' certificate
- ✓ High Five Principles of Healthy Child Development Certificate (for children's programs only) see page 25 for info.

Fitness

- ✓ all staff must have current qualifications for positions being applied for (Certified Fitness Consultant, Personal Training Certification, Standard First Aid, CPR 'A', Fitness Instructor Certification)

Aquatics

- ✓ all staff must have current qualifications (qualifications vary based on position)

Concession/Facility Maintenance

- ✓ minimum age for employment is 15 years

General Information

Standard First Aid and CPR course information, St. John Ambulance, 905-434-7800; Red Cross, 905-723-2933. Aquatic Leadership Courses, see page 41.
Criminal information/vulnerable sector check (takes up to 8 weeks) can be obtained from the Durham Regional Police.

How To Apply

Applications available at the Municipal Administrative Office or online at www.clarington.net. Complete application and return it to: Municipality of Clarington, 40 Temperance Street, Bowmanville, ON L1C 3A6
Fax: 905-623-0608 or email: corporateservices@clarington.net

Sport & Leisure Fair

Thursday, September 22

6:00 - 9:00 PM

Family Skate

6:00 - 7:00 PM

Garnet B. Rickard
Recreation Complex

Do you want to become more active, learn new skills meet new friends?

Clarington has a wealth of sport and leisure opportunities available to you and your family!

Come out, enjoy a FREE FAMILY SKATE AND SOME PIZZA courtesy of Boston Pizza and browse the displays of community organizations offering everything from volleyball, figure skating and synchronized swimming to painting, music and baton!

Are you looking to get more involved in the community and help others?
Talk to representatives of our many Service Clubs!

The Sport and Leisure Fair will be your opportunity to see what Clarington has to offer for you and your family!

If you would like your organization to be part of this exciting event please call 905-623-5728 or email scrosby@clarington.net. Display space is available to Clarington Community Groups and Service Clubs on a first call basis. Come on out and promote your programs and services or set up your registration on site!

All you have to do is call!



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you happy.™



CLARINGTON

NORTHGLEN



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An inspiring tapestry of charming family homes woven into a vibrant community with conservation wooded areas, family parks, sports areas and playgrounds. Northglen has it's very own village square featuring great shopping, recreation and outstanding public spaces surrounding the reflecting pond.

OPENING SEPTEMBER

REGISTER NOW



Illustration is an artist concept. E.&O.E.

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northglen.ca



The Courtice Kids Multisport Series Committee is proud to announce the **5TH ANNUAL COURTICE KIDS OF STEEL TRIATHLON** to be hosted at the Courtice Community Complex on **Sunday, August 21st!**

This exciting event is open for youth 3 -19 years of age and includes a team division for ages 6-19. Teams must have 6 members of any age and sex and all members must complete the entire triathlon.

This is a great cross training opportunity for your sports team, club, family or friends to challenge other teams and sports to prove who is the fittest!

This is the only multisport event of its kind in all of Durham Region. Registration will be limited to 225 participants (teams included), so register early!! The Courtice Kids of Steel Triathlon is sanctioned by the Ontario Association of Triathletes (OAT).

Even if you are not competing come on out at 9:00 AM to cheer on these amazing athletes - It may inspire you to start your training for next year!

Interested in volunteering on race day? **Volunteers are always welcome!**

For further information and highlights of last year's event, check out the website www.courticetriathlon.ca or call Derrick MacKay at 905-434-8004.



CLARINGTON IS A TRUE SPORT COMMUNITY!



True Sport is a national movement of communities and groups across Canada working to ensure a positive, meaningful and enriching experience for all who participate in sport. The True Sport Movement is based on the belief that good sport can help build lasting strengths in individuals, as well as healthy vibrant communities and a more socially connected Canada.

True Sport is founded on four core values: **fairness, excellence, inclusion and fun**. It is a movement powered by people like you ... athletes, coaches, officials, organizers, parents, teachers and community leaders.

People who know that sport can transform lives and communities.

True Sport Community Reflection



- | | |
|-----------------------|--------------------------------------------------------------------------------------------------------------------|
| Go for It | Digging deep, giving your best effort, realizing full potential, never quitting, rising to the challenge |
| Play Fair | Playing honestly, honouring the rules and spirit of the game |
| Respect Others | Respecting ALL involved, acting with integrity, winning with dignity and losing with grace |
| Keep it Fun | Having a good time, keeping a positive attitude, working to ensure this view is shared amongst all involved |
| Stay Healthy | Respecting your body, avoiding unsafe activities, maintaining a healthy and balanced lifestyle |
| Give Back | Meaningfully contributing to your community, showing thanks, helping out |



Good sport can make a great difference when it is values-based and principles driven. Think of a person, organization, team, league, group, school, facility, business, or event in your community that you believe exemplifies one or more of the True Sport Principles. The Council of the Municipality of Clarington has declared Clarington to be a True Sport Community and has endorsed the True Sport Principles for Communities!

At the heart of True Sport is a simple idea: **good sport can make a great difference** – a great difference in the lives of those who participate in it, and a great difference in the communities that support it.

What difference will you make?

For more information please visit www.truesport.ca





**SUMMER DROP IN CLASSES
& FREE WEE WIGGLERS
DEMOS IN AUGUST**

Call or email for details

SUMMER OFFICE HOURS

Every Tuesday in August: 5-7pm

REGISTRATION DATES

September 7 & 8: 5-8pm

CLASSES START

September 10



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Are You Connected?



Being emotionally connected with your child is key to raising a happy and confident child.

Be a Positive Parent!



Call the Durham Health Connection Line at 1-800-841-2729 for your FREE resources or visit www.durham.ca for more information on connecting with your child prenatally to 18 years.

NEWCASTLE FAMILY CONNECTION

RECREATIONAL DANCE



registration
has begun...

For more information

newcastlefamilyconnection.ca

* TAP * CREATIVE DANCE * BALLET * JAZZ * HIP HOP *
* CABARET * MUSICAL THEATRE *

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Classes

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Exploring Drawing for Beginner`s - Ages 12+
Lotions, Potions & Treats - Weekend Master Class
Mosaics Workshop
Portfolio Development
Stained Glass
Teen Tuesdays - Ages 12-18
Tot and Not - Adult & Pre-school
Water Colour Painting
Wire Jewellery - Ages 12+
Wood Carving - Full 3D Carving - Ages 12+
Yoga & Meditation



See us at the

Newcastle Santa Claus Parade - November 20, 2011
Something Unique Artisan Show, Orono - November 25/26, 2011
A Gift of Art Christmas, Newcastle Hall - December 2011
Mardi Gras! - March 2012

Watch our website for all dates & time!



Courtice Fitness Training Facility

2950 Courtice Road North, Courtice 905-404-1525
 Fitness Co-ordinator: Erica Mittag - emittag@clarington.net

Membership Benefits

Join the Courtice Fitness Facility as a Full Fitness Member and enjoy these privileges:

- Access to Group Fitness Classes
- Membership Incentives
- Squash at Clarington Fitness Centre
- Monthly payment option
- Membership Freeze option
- Youth Programs
- Swimming at all indoor municipal pools
- Lockers available to rent

HOURS OF OPERATION	
Courtice Community Complex - Fitness Centre	
SATURDAY / SUNDAY	8:00 AM - 9:00 PM
MONDAY - FRIDAY	6:00 AM - 10:00 PM
NOTE: The Whirlpool & Sauna close 15 minutes before the facility (Monday - Sunday).	

Come in Today for a FREE tour!

Full Fitness Memberships *Non-residents are subject to a 10% surcharge on all memberships.

PLUS TAXES WHERE APPLICABLE
 Rates effective to September 1, 2011

COURTICE FITNESS FACILITY - membership fees

Adult (18 - 64 yrs)	Post-Secondary Student (ID required)	Youth/Seniors (15 - 17 yrs, ID required and 65 yrs +)	Group Membership (minimum 10 employees/ group members)
Annual \$451.00	4 month \$168.00	Annual \$335.00	Annual \$340.00
1 month \$80.00		1 month \$70.75	Locker rental
3 months \$171.00		3 months \$149.00	Annually \$75.00
Family (additional) \$340.00		Family (additional) \$222.00	3 months \$25.00

As low as

\$24.55*

Per Month
*Based on Youth/Senior Annual Membership

Family Additional rate is applied as follows: when a person in your household purchases an Annual Membership, each additional membership for anyone who resides at the same address will be charged the discounted rate. This only applies to an annual term.

PAY AS YOU GO

Courtice Community Complex - Fitness Facility - Day Pass

Fitness Facility Visit - \$8.76	Adult \$4.75	Youth/Senior \$4.78
10 Ticket Pass - \$76.00	Adult \$38.00	Youth/Senior

Courtice Community Complex & Newcastle & District Recreation Complex - Aerobics

Non-Member Aerobic Drop In \$6.37	Adult \$3.20	Youth/Senior \$3.19
10 Ticket Pass - \$52.00	Adult \$26.00	Youth/Senior

NEWCASTLE GROUP FITNESS - membership fees

As low as

\$6.18*

Per Month
*Based on Youth/Senior Annual Membership



Aerobics Only

Adult (18 - 64 yrs)	Youth/Seniors (15 - 17 yrs, ID required and 65 yrs +)
Annual \$265.00	Annual \$133.00
3 months \$122.00	3 months \$66.00

PLEASE NOTE: Applicable taxes are NOT included in above prices. All Memberships are non-transferable and non-refundable. GIFT CERTIFICATES are non-refundable. A pre-authorized payment (P.A.P.) plan is available on all Annual Memberships.

ADDITIONAL MEMBERSHIP INFORMATION

All annual fitness memberships pay \$65.00 at the time of purchase as a down payment and then eleven (11) equal monthly payments will be deducted from your chequing account (eleventh payment may vary slightly).

Youth/Teens under 15 years of age must have successfully completed the FIT Club course to be eligible for a Fitness Facility Membership.

Teens age 18 and over must be responsible for their finances and hold a membership under their own account.

Teens under 18 must use a parent/guardian's chequing account for the monthly payment plan and are responsible for keeping the account in good standing.

MEMBER REFERRAL PROGRAM!

3 Easy Steps

1. Refer the Courtice Fitness Facility to your friends or family members.
2. Fill out your referral card (available at Courtice Fitness Facility NOW!)
3. **Pick your prize!**

- Receive one month extension!
- Receive one hour with a Trainer!
- Three months FREE locker rental!

