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Community Services Recreation Facilities

HOLIDAY CLOSURES - ALL FACILITIES

Labour Day September 5	All Facilities Closed
Thanksgiving October 10	All Facilities Closed
Christmas Eve December 24	All Facilities Closed at Noon
Christmas Day December 25	All Facilities Closed
Boxing Day December 26	All Facilities Closed
New Years Eve December 31	All Facilities Closed at Noon
New Years Day January 1, 2012	All Facilities Closed
Closed for Maintenance - Courtice Community Complex (Main Pool, Tot Pool, Whirlpool and Public Sauna) Monday, September 5 to Friday, September 16 Reopening Saturday, September 17	

FALL IS JUST AROUND THE CORNER!

We hope you have had a wonderful summer! Now that the cooler weather is upon us we can turn our attention to indoor activities. Keep your pre-schoolers busy! Come out and have your child participate in programs full of music, art and physical activity. We have three new programs for children ages 2 - 5 years. You may be interested in having your child develop their appreciation for music; explore their creative side or introduce them to physical activity.

Infants and Instruments, Messy Mondays and Mini Movers. See page 22 for all the details.

Thinking of hosting your child's birthday party? Our Program Staff is here to help! You supply the food and beverages and we will supply the fun! Our staff will plan a fun filled two hours with

age appropriate games and activities your children are sure to enjoy. Parties include use of the Activity Room and Gymnasium (half gym at Newcastle & District Recreation Complex). See page 25 for complete details.

You can register now for any fitness, recreation, aquafit or adult, aquatic leadership or lifesaving course. **Fall group swimming registration begins THURSDAY, August 18th at 7:00 AM!** Watch for changes to our Aquatic Programs.

If you have any questions with regards to our programs or services, we would be pleased to assist you. Please call the administrative office: 905-623-3379 ext. 2505.

Community Services Department

Director
Joseph Caruana
905-623-3379

Administrative Assistant
Wendy Gorniak
905-623-3379

Facilities Manager
George Acorn
905-623-3379

Recreation Services Manager
Sharon Meredith
905-623-3379

Facilities Supervisor - NDRC
Dan Welsh
905-987-5667 ext. 226

Facilities Supervisor - SCA/BIS
Len Hunter
905-435-1061 ext. 222

Facilities Supervisor - RRC/DSC
Ken Ferguson
905-623-5728 ext. 630

Facilities Supervisor - CCC/CFC
Mark Sutherland
905-404-1525 ext. 22

Food Services Co-ordinator
Evelyn Mayhew
905-623-5728 ext. 628

Community Service Co-ordinator
Skip Crosby
905-623-5728 ext. 621

Aquatic Co-ordinator
Tracey Leonard
905-987-5667 ext. 225

Fitness Co-ordinator
Erica Mittag
905-404-1525 ext. 28

Recreation Co-ordinator
Stephen Myers
905-435-1061 ext. 230

ARENAS

Darlington Sports Centre (DSC)

2276 Taunton Rd, Hampton 905-263-2906 or call Rickard Recreation Complex 905-623-5728

Amenities: • Single ice pad • Vending areas
• Heated viewing area • Accessible



Garnet B. Rickard Recreation Complex (RRC)

2440 Highway 2, Bowmanville 905-623-5728

Amenities: • Double ice pads • Heated viewing area
• Proshop • Concession & Vending areas
• Accessible • Multi-purpose & meeting rooms available



South Courtice Arena (SCA)

1595 Prestonvale Rd, Courtice 905-435-1061

Amenities: • One NHL size ice pad • One Olympic size ice pad • Gymnasium
• Proshop • Community meeting room • Concession & Vending areas
• Heated viewing area • Program rooms • Accessible
YEAR ROUND ICE!



INDOOR SOCCER/LACROSSE BOWL

2375 Baseline Rd, Bowmanville 905-697-6263

To book this facility please call the South Courtice Arena 905-435-1061

Bowmanville Indoor Soccer Facility (BIS)

Amenities: • Artificial turf playing field 180' x 100'
• Concession & Vending areas • Community meeting room
• Viewing area • Field level spectator seating
• Can be converted to two mini fields • Darlington Soccer Club office
• Accessible



Outdoor Lacrosse Bowl (BIS) (April to October)

Amenities: • 180' x 80' playing surface • Fully lighted for night play
• Amphitheatre style seating for spectators

AQUATIC FACILITIES

Courtice Community Complex (CCC)

2950 Courtice Rd N, Courtice 905-404-1525

Amenities: • 25m/6 lane leisure pool • Splash area & amusement slide
• Co-ed whirlpool & sauna • Fitness Training Facility
• Pool & banquet hall for rental • Accessible
• Vending area



Clarington Fitness Centre (CFC)

49 Liberty St N, Bowmanville 905-623-3392

Amenities: • 25m/6 lane pool & viewing area • 2 international squash courts
• Co-ed whirlpool & sauna • Pool & viewing area for rental
• Vending area

NOTE: There are no family changerooms at this facility.

Newcastle & District Recreation Complex (NDRC)

1780 Rudell Rd, Newcastle 905-987-5667

Amenities: • 25m/6 lane leisure pool • Large teaching pool
• Meeting room • Activity/Program rooms
• Co-ed whirlpool & sauna • Accessible
• Vending areas
• Pool & amusement slide (available for private rental)
• Full size gymnasium - can be separated into two mini gyms



GENERAL INFORMATION

Using our EazyReg system allows you to register by phone 905-623-3299 (touch tone required) or online www.claringtoneazyreg.ca. All from the comfort of your own home!

Registration for Recreation, Fitness and Adult, Lifesaving and Leadership Aquatic Courses Available Now!

PLEASE NOTE: ONCE A COURSE HAS STARTED YOU WILL NOT BE ABLE TO REGISTER USING THE EAZYREG SYSTEM

New Registrant

You will need to have a Personal Barcode for each person registering and one "Family Account Number" that is shared by your family. To obtain your Family Account Number and Personal Barcode(s) please contact:

Clarington Fitness Centre905-623-3392
South Courtice Arena905-435-1061
Rickard Recreation Complex905-623-5728
Courtice Community Complex905-404-1525
Newcastle Recreation Complex905-987-5667

communityservices@clarington.net

Third Child Discount

Third and subsequent children (immediate family only) are eligible for a 50% reduction in their rate, applied to the lowest rate. When using EazyReg please contact the facility to arrange for the adjustment.

65 + Rates

Registration Fees for general recreational programs are reduced 50% for senior residents of the Municipality of Clarington, 65 years of age and over. Programs developed specifically for older adults in partnership with the Clarington Older Adult Association have been priced accordingly. Senior discounts will not be available for these programs. Please have suitable ID (including proof of age and residency) ready to show at the time of registration.

Registering in Person

To register in person for any program, please visit any of the municipal facilities or the Community Services Department at the Municipal Administrative Centre, 40 Temperance Street, Bowmanville 905-623-3379.

If paying by cheque, please make payable to: Municipality of Clarington.

Applicable Taxes

All pricing in this guide excludes applicable taxes. The required tax amount will be calculated at the point of sale.

Program Cancellations and Waiting Lists

The Community Services Department reserves the right to cancel any class/program that does not achieve the established minimum registration requirements. Where possible, cancelled classes/programs will be replaced by classes/programs having a waiting list. In the case of a program cancellation or change which the Community Services Department is responsible for, a full refund will be issued to all registrants. Please note that only classes cancelled by the Community Services Department will be rescheduled when possible.

Program Refund Policy

If you wish to cancel registration in a program, a cancellation fee of \$10.00 per registration will apply. The Community Services Department must receive all requests for cancellation and/or refund in writing. **Requests for refunds for specialty classes (Aquatic Leadership, First Aid, CPR and High Five-Principles of Healthy Child Development and DayCamps) must be received by the Community Services Department a minimum of 3 business days prior to the first class.** With the exception of specialty classes as described above any approved cancellation/refund requests will be pro-rated and will be provided if received prior to the second class. Medical refund requests will be assessed on an individual basis, upon receipt of medical note and program cancellation form.

Non-Residents

Non-residents add a 10% surcharge to program and facility fees. Registration for non-residents occurs 1 week after published registration dates.

Age Pre-requisite for Programs


Please note where age is a pre-requisite for a program, participants must be the correct age to register. Consideration will be given to participants who turn the correct age by the second lesson and registration must be in person.



How Do I Use EazyReg?

- 1 You will need a Personal Barcode and Family Account Number. If you have never registered for a course before see the New Registrant section.
- 2 Find the barcode number for the program you wish to register for. After you have selected your program you will be prompted to enter your "LOGIN ID" (Personal Barcode) and then you will be prompted to enter your Family Account Number.
- 3 A valid Visa or Mastercard is required to register through EazyReg. Phone 905-623-3299 or go online and visit: www.claringtoneazyreg.ca to access the EazyReg system. Follow the instructions given.
- 4 Do we have your current email address? If not, please contact one of our facilities to have your account information updated.

CHILDREN'S FITNESS TAX CREDIT

The Government of Canada will provide a tax credit on amounts of up to \$500 paid by parents to register a child in an eligible program of physical activity. The credit applies to children up to 16 years of age. For more information, please visit: www.cra-arc.gc.ca/fitness  Eligible programs are marked with a Maple Leaf as shown.

FALL HIGHLIGHTS

RECREATION

Floor Hockey has incorporated **NEW**
AGES 6 - 8 years and 9 - 12 years.



Glee Club has incorporated **NEW**
AGES 7 - 9 years and 10 - 14 years.

"FREE" Songwriters' Workshop **NEW** Ages: 14 yrs +
Looking for the right tools to write your own song? Join us for these interactive workshops for youth and adults.

Join Us For P.A. Day Camp & Winter Break Camp
Ages: 6 - 12 yrs.
Enjoy activities such as games, arts & crafts, swimming/ skating and much, much more!
See page 25 for more information.

House League Hockey Camp **NEW** Ages: 9 - 12 yrs.
This camp offers players (both girls and boys) at house league skill level, the experience of a hockey camp atmosphere with a combination of traditional camp activities.

"SANTA'S WORKSHOP" Ages: 4 - 6 and 7 - 10 yrs.
Get your holiday shopping complete WITHOUT the kids!
Santa's Workshop will allow your kids the opportunity to create wonderful holiday crafts and presents for friends and family.

See the Recreation Section (pages 22 - 26) for further details.

We're Looking for You-th!

The Municipality of Clarington is seeking youth volunteers looking to get active in their community. Focus will be on events and activities such as Youth Week 2012. Have fun and interact with other youth while participating in our monthly meetings. Please call 905-435-1061 ext. 229 for more information on how to get involved.



FITNESS PROGRAMS

Drums Alive **NEW**
Using fitness balls and drumsticks improve physical/mental fitness and above all, have fun.

Budakon **NEW**
For those of you looking to tone your muscles, lose the extra pounds, and at the same time relax, Budakon



could be the answer. It is a blend of modern yogic and martial arts styles and translates from the Japanese "Bu" warrior, "Du" way, and "Kon" spirit.

Grade 5 Action Pass Family Engagement Strategy

Look for this exciting pilot project in Clarington Recreation facilities this fall! Parents & siblings participate with the Grade 5 Action Pass student from September to August 31, 2012.



Contact Erica Mittag, Fitness Co-ordinator at emittag@clarington.net or 905-404-1525 ext. 28 for further details.

AQUATICS



NEW Registration for Group Swimming Lessons shall now begin on **Thursdays at 7:00 AM.**
claringtoneazyreg.ca

Private & Semi-Private Lessons

- New registration time on Tuesday 7:00 AM
- Time slots will now be published in the guide. This will assist parents in their selection process and reduce the amount of time spent during registration.
- On-line registration for **ALL 10 week privates.**

NEW Sea Otter - 3 - 5 yrs

Sea Otter provides a better transition level from Sea Turtle, as participants move to greater independence as well as a more manageable level for new swimmers starting at age 3.

Check out our Aquatic Section (pages 30 - 47) for further details.

Join us **October 1 - 7** as we celebrate
Customer Service Week
at all Clarington Recreation Facilities!

Prizes!
Fun!

Free Activities!

Check our website for a full schedule
www.clarington.net

ACCESSIBLE INCLUSIVE RECREATION

The Municipality of Clarington strives to provide an inclusive environment for people of all abilities to participate together in programs and services. Our goal is to promote and facilitate the inclusion of those with special needs in recreation programs of their choosing. For our purposes, “special needs” includes intellectual or physical disabilities, attention and behavioral difficulties, vision and hearing impairments, learning disabilities, allergies and medical conditions.

A Little Assistance Goes A Long Way!

Everyone should enjoy the benefits of participating in recreational activities. The Municipality of Clarington would like to ensure that residents have the opportunity to access recreation programs and services. If individuals with special needs require assistance to participate in a recreation program or service, a support person will be admitted to the program or activity at no charge.

We Apologize For the Inconvenience! ~ Notice of Service Disruption ~

From time to time services and facilities may be unavailable due to preventative maintenance or equipment failure. The Community Services Department will provide as much notice as possible to the public when facilities or services are disrupted on the Municipality of Clarington blog <http://clarington.wordpress.com>

Access to Recreation

The Municipality of Clarington, Community Services Department is committed to increasing access and participation opportunities for Clarington residents experiencing financial challenges. The following financial assistance programs are in place to support individuals and families who require assistance.

Financial Assistance Program

The Community Services Department provides a 50% fee subsidy for Municipality of Clarington programs and services to residents of Clarington who are participants of Ontario Works or the Ontario Disability Support Program.

Membership Access Program

In order to increase recreation opportunities for persons with a permanent disability, Clarington residents who meet the age criteria for Municipality of Clarington facility memberships will be eligible for the Membership Access Program. Eligible participants will benefit in the following ways:

Adults (18+ years) with a permanent disability are eligible to:

- Purchase a fitness centre membership (any term) at the “senior rate”

Youth (15 - 17 years) and Seniors (65+ years) with a permanent disability are eligible to:

- Purchase a fitness centre membership (any term) with a 20% discount

CANADIAN TIRE JUMPSTART

The Municipality of Clarington is a proud partner with the Canadian Tire Foundation for Families in the Canadian Tire JumpStart program. This program provides financially disadvantaged children in Canada (4 - 18 years) with the opportunity to participate in sports and active recreation activities. This program is available for both Municipality of Clarington programs (swimming lessons, youth programs etc.) as well as a community association programs (hockey, soccer, baseball).



Further information and application forms are available at any Municipality of Clarington Recreation Facility or at www.clarington.net

Clarington SPORTS HALL OF FAME!

The ninth annual Clarington Sports Hall of Fame will be **Saturday, October 22nd**. Please join us as we honour the 2011 Clarington Sports Hall of Fame Inductees! Share in the celebration of the success of these amazing athletes.



We are pleased to have NHL coaching legend Jacques Demers as our guest speaker this year. Jacques is a former Head Coach for the National Hockey League Montreal Canadiens, Quebec Nordiques, St. Louis Blues, Detroit Red Wings and Tampa Bay Lightning. He has won two consecutive Jack Adams Awards with Detroit in 1987 and 1988, the only person to do this in consecutive years. In 1993 he led Montreal to its most recent Stanley Cup.

In 2009, Jacques was appointed by Prime Minister Stephen Harper to the Canadian Senate.

Tickets for the Hall of Fame Induction Ceremony will be available September 12th.
For more information please call 905-623-5728.

2010 INDUCTEES



“Eat Smart” in the Clarington Facilities

The Garnet B. Rickard Recreation Complex is one of the first in Durham Region to be awarded and recognized in the “Eat Smart Recreation Program”. This is a new program launched by Durham Region Health Department in 2010. Criteria to achieve this award require specific ingredient standards and guidelines for Nutritional Choices within Canada’s Food Guide, an excellent Safe Food Handling Practices track record and comply with the Smoke Free Ontario Act.



Recreation Centre Program

We are pleased to do our part to contribute to the goals of the “Eat Smart Recreation Program” in our community to reduce chronic diseases and foodborne illness in Ontario.

The next time you snack at the arenas choose from our “Healthier Choices in Arena Menu”.



LOOKING FOR A PART-TIME JOB?



Join our Staff Team for...
• great experiences
• special memories
• personal achievement and satisfaction

General Staff Requirements

- ✓ minimum age for employment is 16 years (please see specific requirements for variances)
- ✓ applicants must be mature, responsible, enthusiastic and have an interest in working with a variety of people
- ✓ all staff must submit a criminal information/vulnerable sector check

Recreation Programs

- ✓ all staff must have a current Standard First Aid Certificate and CPR 'C' certificate
- ✓ High Five Principles of Healthy Child Development Certificate (for children's programs only) see page 25 for info.

Fitness

- ✓ all staff must have current qualifications for positions being applied for (Certified Fitness Consultant, Personal Training Certification, Standard First Aid, CPR 'A', Fitness Instructor Certification)

Aquatics

- ✓ all staff must have current qualifications (qualifications vary based on position)

Concession/Facility Maintenance

- ✓ minimum age for employment is 15 years

General Information

Standard First Aid and CPR course information, St. John Ambulance, 905-434-7800; Red Cross, 905-723-2933. Aquatic Leadership Courses, see page 41.
Criminal information/vulnerable sector check (takes up to 8 weeks) can be obtained from the Durham Regional Police.

How To Apply

Applications available at the Municipal Administrative Office or online at www.clarington.net. Complete application and return it to: Municipality of Clarington, 40 Temperance Street, Bowmanville, ON L1C 3A6
Fax: 905-623-0608 or email: corporateservices@clarington.net

Sport & Leisure Fair

Thursday, September 22

6:00 - 9:00 PM

Family Skate

6:00 - 7:00 PM

Garnet B. Rickard
Recreation Complex

Do you want to become more active, learn new skills meet new friends?

Clarington has a wealth of sport and leisure opportunities available to you and your family!

Come out, enjoy a FREE FAMILY SKATE AND SOME PIZZA courtesy of Boston Pizza and browse the displays of community organizations offering everything from volleyball, figure skating and synchronized swimming to painting, music and baton!

Are you looking to get more involved in the community and help others?
Talk to representatives of our many Service Clubs!

The Sport and Leisure Fair will be your opportunity to see what Clarington has to offer for you and your family!

If you would like your organization to be part of this exciting event please call 905-623-5728 or email scrosby@clarington.net. Display space is available to Clarington Community Groups and Service Clubs on a first call basis. Come on out and promote your programs and services or set up your registration on site!

All you have to do is call!



Here to make
you happy.™