

Summer Swim Schedule

Effective June 28, 2019 to September 1, 2019. Unfortunately schedule changes may be necessary periodically. Visit www.clarington.net/swimming for most up-to-date schedule.

◆ indicates times when slide is open for use | + indicates times when tot pool is open for use

Courtice Community Complex

Day	Type	Time
Monday	Lane	6 to 7:30 a.m.
Monday	Adult/Lane	7:30 to 8:50 a.m.
Monday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Monday	Public	2 to 4 p.m. ◆+
Monday	Public	6:45 to 8:15 p.m. ◆+
Monday	Lane	8:30 to 9:30 p.m.
Tuesday	Adult/Lane	6 to 8:50 a.m.
Tuesday	Public/Lane	9 to 10 a.m. +
Tuesday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Tuesday	Public	2 to 4 p.m. ◆+
Tuesday	Public	7:15 to 8:15 p.m. ◆+
Tuesday	Adult	8:30 to 9:30 p.m.
Wednesday	Lane	6 to 7:30 a.m.
Wednesday	Adult/Lane	7:30 to 8:50 a.m.
Wednesday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Wednesday	Public	2 to 4 p.m. ◆+
Wednesday	Adult	7:15 to 8:45 p.m.
Thursday	Adult/Lane	7:30 to 8:50 a.m.
Thursday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Thursday	Public	2 to 4 p.m. ◆+
Thursday	Public	7:10 to 8:30 p.m. ◆+
Thursday	Lane	8:40 to 9:45 p.m.
Friday	Lane	6 to 7:30 a.m.
Friday	Adult/Lane	7:30 to 8:50 a.m.
Friday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Friday	Public	2 to 4 p.m.
Friday	Public	6:45 to 8:30 p.m.
Friday	Adult/Lane	8:40 to 9:40 p.m.
Saturday	Public	2 to 4 p.m. ◆+
Saturday	Public	6:30 to 8:30 p.m. ◆+
Sunday	Public	2 to 4 p.m. ◆+
Sunday	Adult/Lane	6:30 to 8:30 p.m.

Alan Strike Aquatic and Squash Complex

Day	Type	Time
Monday	Public/Lane	8 to 9:15 a.m.
Monday	Public (half pool)	9:30 to 11:30 a.m.
Monday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Monday	Adult/Lane	8:30 to 9:30 p.m.
Tuesday	Public/Lane	7 to 8:15 a.m.
Tuesday	Lane (half pool)	9:30 to 11:30 a.m.
Tuesday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Tuesday	Public	1:30 to 3:30 p.m.
Tuesday	Adult/Lane	7 to 8:30 p.m.
Wednesday	Public (half pool)	9:30 to 11:30 a.m.
Wednesday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Wednesday	Adult/Lane	8:30 to 9:30 p.m.
Thursday	Public/Lane	7 to 8:15 a.m.
Thursday	Lane (half pool)	9:30 to 11:30 a.m.
Thursday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Thursday	Public	1:30 to 3:30 p.m.
Thursday	Adult/Lane	7 to 8:30 p.m.
Friday	Lane (half pool)	9:30 to 11:30 a.m.
Friday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Friday	Public	1:30 to 3:30 p.m.
Friday	Adult/Lane	7 to 8:30 p.m.
Saturday	Adult/Lane	9:30 to 11:30 a.m.
Sunday	Adult/Lane	9:30 to 11:30 a.m.
Sunday	Public	12 to 2 p.m.

Summer Swim Schedule

Diane Hamre Recreation Complex

Day	Type	Time
Monday	Adult/Lane	7:30 to 9:30 a.m.
Monday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Monday	Public	1:30 to 3:30 p.m. ♦+
Monday	Public	7:15 to 8:15 p.m. ♦+
Monday	Adult	8:15 to 9:30 p.m.
Tuesday	Lane	6:30 to 7:30 a.m.
Tuesday	Public/Lane	7:30 to 9:30 a.m.
Tuesday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Tuesday	Public	3:30 to 5 p.m. ♦+
Tuesday	Adult/Lane	8:30 to 9:30 p.m.
Wednesday	Adult/Lane	7:15 to 8:45 a.m.
Wednesday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Wednesday	Public	1:30 to 3:30 p.m. ♦ +
Wednesday	Public	6:45 to 8:15 p.m. ♦ +
Wednesday	Lane	8:30 to 9:30 p.m.
Thursday	Lane	6:30 to 7:30 a.m.
Thursday	Public/Lane	7:30 to 9:30 a.m.
Thursday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Thursday	Public	1:30 to 3:30 p.m. ♦+
Thursday	Adult	8:15 to 9:30 p.m.
Friday	Adult/Lane	7:15 to 8:45 a.m.
Friday	Adult/Lane	11:45 a.m. to 1:15 p.m.
Friday	Public	1:30 to 3:30 p.m. ♦+
Friday	Public	7 to 9 p.m. ♦+
Saturday	Public	1:30 to 3:30 p.m. ♦+
Saturday	Public	6:30 to 8:30 p.m. ♦+
Sunday	Public	1:30 to 3:30 p.m. ♦+
Sunday	Adult/Lane	6:30 to 8:30 p.m.

Orono Park Pool

Day	Type	Time
Monday	Public	1 to 5 p.m.
Monday	Public	6 to 7:30 p.m.
Tuesday	Public	1 to 5 p.m.
Tuesday	Public	6 to 7:30 p.m.
Wednesday	Public	1 to 5 p.m.
Wednesday	Public	6 to 7:30 p.m.
Thursday	Public	1 to 5 p.m.
Thursday	Public	6 to 7:30 p.m.
Friday	Public	1 to 5 p.m.
Saturday	Public	12 to 4 p.m.
Sunday	Public	12 to 4 p.m.

Swim Types and Descriptions

Adult

18 years of age and older. Two lanes for swimming lengths plus one lane open for exercising.

Adult/Lane

Two lanes for swimming, one open lane. Youth may attend to swim lengths.

Lane

All ages. Slow, medium and fast lanes. All swimmers must be continuously swimming lengths.

Public

All ages. Slide open during specified swims only. See admissions criteria for guidelines. Swim test required by youth for use of slide and to swim in the deep end.

Public/Lane

Pool shared between public and lane swimmers. Recreational swim space will be a minimum of three lanes. Swim fins and hand paddles not permitted.

Pool set-up is at the discretion of the Head Lifeguard. When required, pool space will be adjusted based on need.

