

CLARINGTON WALKS



South Courtice Arena

Indoor Walking Routes

Option A – Gymnasium



1 circuit = 50 metres

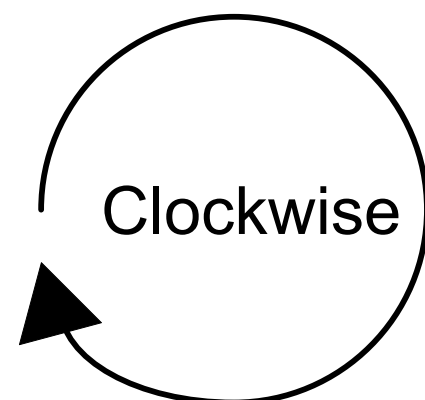
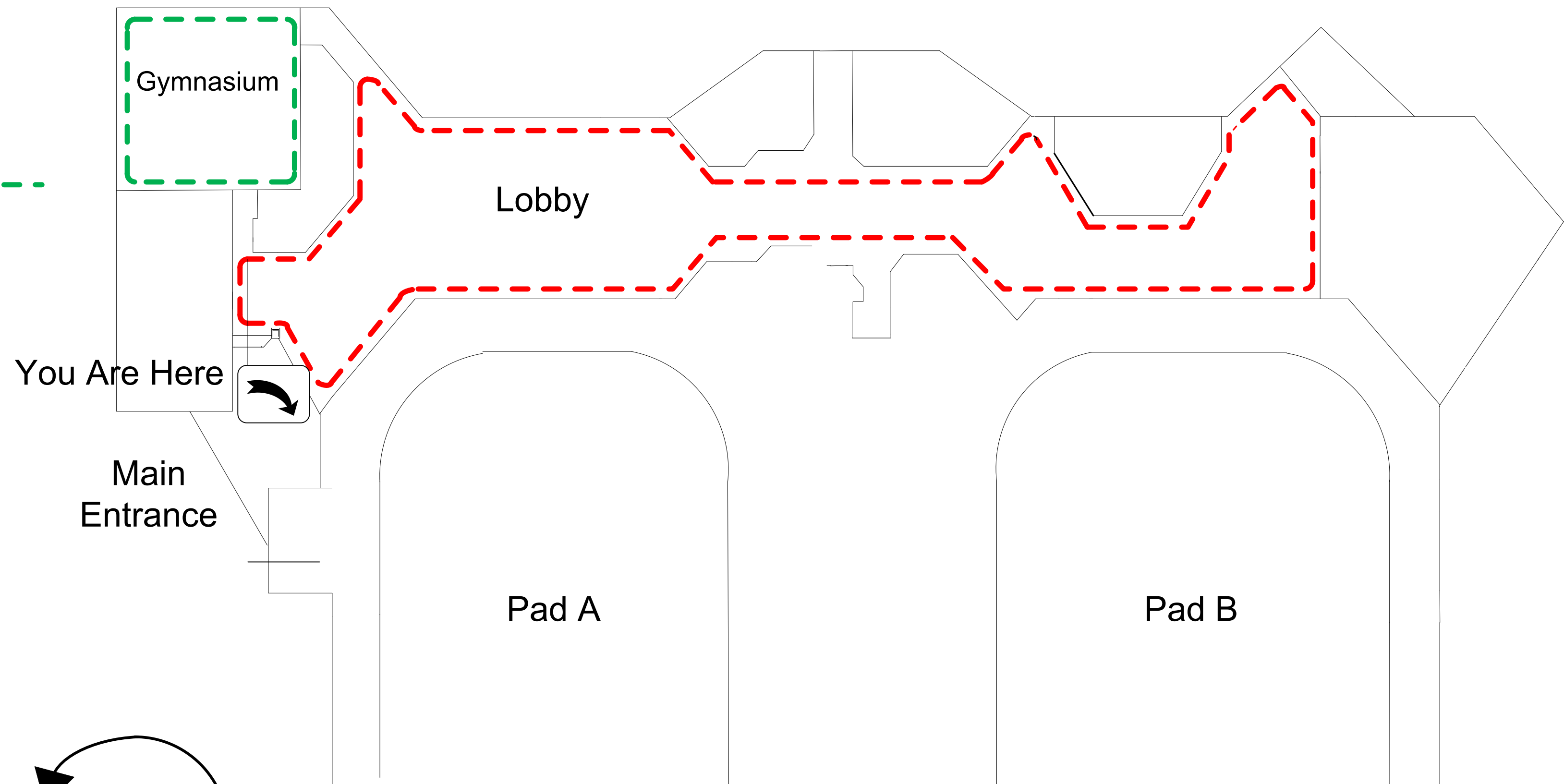
20 circuits = 1 kilometre

Option B – Lobby

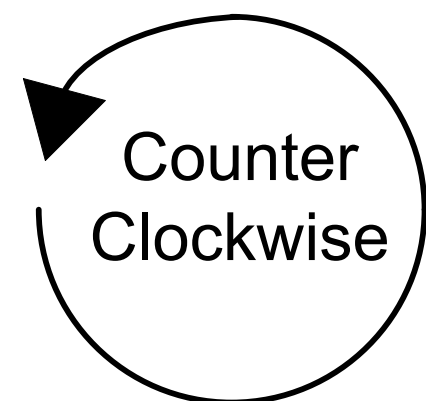


1 circuit = 200 metres

5 circuits = 1 kilometre



Mon / Wed / Fri / Sun



Tues / Thurs / Sat

