



## 55+ Active Adults Orono Town Hall Programs

### Stretch & Sculpt

**Date:** Tuesdays from  
September 26 to  
November 28

**Time:** 9 to 9:55 a.m.

**Fee:** \$31.30 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 35784

### Quilting

**Date:** Tuesdays from  
September 26 to  
November 28

**Time:** 10:30 a.m. to 1:30 p.m.

**Fee:** \$105.90 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 33821.

### Luncheon

**Date:** Thursday, October 26 &  
Wednesday, December 6

**Time:** Noon to 1:30 p.m.

**Fee:** \$9.90 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 38431 for  
October 26 or code 38633  
for December 6.

### Paint Day

**Date:** Thursday, November 23

**Time:** 3 to 5 p.m.

**Fee:** \$23 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 38577.

### Grandparent & Child Paint Day

**Date:** Thursday, November 23

**Time:** 5:30 to 7:30 p.m.

**Fee:** \$23 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 33810.

### Fire Safety Workshop

**Date:** Thursday, October 26

**Time:** 12:30 to 1:30 p.m.

**Fee:** Free

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 33793.

### Bone Health 101

**Date:** Wednesday, December 6

**Time:** 12:30 to 1:30 p.m. | **Fee:** Free

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive) and use code 33807.

*Clarington*

## 55+ Active Adults Hampton Community Hall Programs



### Strength and Conditioning

**Date:** Thursdays from  
September 28  
to November 30

**Time:** 9 to 9:55 a.m.

**Fee:** \$31.30 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 38576.

### Yoga

**Date:** Thursdays from  
September 28 to  
November 30

**Time:** 10 to 10:55 a.m.

**Fee:** \$31.30 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 38575.

## 55+ Active Adults Haydon Community Hall Programs



### 20/20/20

**Date:** Tuesdays from  
September 26  
to November 28

**Time:** 10:30 to 11:25 a.m.

**Fee:** \$31.30

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 35769

### Farm to Table Luncheon

**Date:** Thursday, October 12

**Time:** Noon to 1:30 p.m.

**Fee:** \$9.90 plus tax

**How to register:** Visit  
[www.clarington.net/BeActive](http://www.clarington.net/BeActive)  
and use code 33803

**Clarington**

**Canada**

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