



# JRPM

# PASSPORT

JUNE IS RECREATION AND PARKS MONTH

## June is Recreation and Parks Month. Explore. Participate. Win.

### Your passport to fun and adventure awaits.

June is Recreation and Parks Month, and municipalities in Durham Region are celebrating with a variety of recreation and community activities. Participation and programming may vary by municipality. The Passport Adventure encourages residents to get active, explore their community, and take part in participating local events for a chance to win a brand new bike.

### How it works:

- Visit your municipality's recreation webpage to view or download the Passport Adventure, where offered.
- Use your passport to help plan which participating events you would like to attend throughout June.
- Attend participating recreation events in your community.
- Scan the unique QR code at each participating event you attend to enter the contest.

Each QR code scan counts as one entry into the grand prize draw. The more participating events you attend, the more chances you have to win

### Activities may include

Free fitness programs, public swims, bike month activities, and other free opportunities offered by participating municipalities across Durham Region throughout June. Availability and programming may vary by community.

### Grand prize draw

- Open to all residents of the Regional Municipality of Durham.
- Children and youth aged 17 years and under require parental permission.
- Contest runs from June 1 to June 30, 2026.
- One grand prize bicycle will be awarded.

Get active, get social, and explore your community. Recreation and Parks Month is an opportunity to try new activities, enjoy your local parks and recreation centres, and make lasting memories with family and friends.

By participating, you agree to the contest rules and regulations.

June is also Bike Month across Durham Region. In addition to Recreation and Parks Month activities, residents are encouraged to visit [www.durham.ca/bikemonth](http://www.durham.ca/bikemonth) to learn about additional cycling events, challenges, and contests happening throughout the month, where offered.





JUNE IS RECREATION AND PARKS MONTH

# DURHAM REGION PASSPORT

## FREE events across Durham Region

# JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	7	8	9	10	11	12
	14	15	16	17	18	19
	21	22	23	24	25	26
	28	29	30			

• FREE Roller Skating drop in 1-2:50pm (Oshawa)

• Basic bootcamp 6:45-7:45pm (Whitby)\*  
• 13+ Cricket Play 8:30-10:30pm (Ajax)

• FREE Indoor Tennis Try it 4:30-8:30pm (Oshawa)  
• Forest Bathing workshop (55+) 12-1:30pm (Clarington)\*

• Indoor Cycling Class 5-5:45pm (Clarington)\*

• Learn to Play Pickleball 9-11am (Scugog)\*  
• FREE BodyMax Class 6-6:55pm (Oshawa)

• Free Fitness Fridays all day (Oshawa)  
• Zumba(r) in the Square 7-8pm (Ajax)\*  
• Free Public Swim 7:10pm (Ajax)

• Family Fun Fitness Class 10:45-11:30am (Clarington)  
• Family Hike through forest 10:45-11:30am (Clarington)  
• Preschool Fun and Play with Caregiver (walking to 6 years) 8-9:30am (Clarington)  
• Free swim 2:30-4:30pm (Whitby)  
• Try Tennis 11am-1pm (Scugog)  
• National Health & Fitness Day 12-6pm (Ajax)

• FREE Roller Skating drop in 1-2:50pm (Oshawa)

• Basic bootcamp 6:45-7:45pm (Whitby)\*  
• 13+ Cricket Play 8:30-10:30pm (Ajax)

• FREE Indoor Tennis Try it 4:30-8:30pm (Oshawa)  
• Forest Bathing workshop (55+) 12-1:30pm (Clarington)\*

**Physical activity makes your bones and muscles stronger!**

• FREE Outdoor Bootcamp 5:30-6:25pm (Oshawa)

• Free Fitness Fridays all day (Oshawa)  
• Free Public Swim 7:10pm (Ajax)

• Free swim 1:30-3pm (Uxbridge)  
• Park and Play Games 12:30-2:30pm (Scugog)

• Trailfest Ajax 8:30am (Ajax)\*  
• FREE Roller Skating drop in 1-2:50pm (Oshawa)  
• Free swim 3:30-5pm (Whitby)

• FREE Yoga 8:30-9:25pm (Oshawa)  
• Free swim 6:10-8pm (Scugog)

• FREE preschool drop in 9:30-11am (Oshawa)  
• Seniors' Month Barbecue and Open House (55+) 11-2pm (Clarington)\*

• FREE Squash Try-it 5-9pm (Oshawa)

• FREE Outdoor HIIT Class 5:30-6:25pm (Oshawa)  
• Bootcamp 5:45-6:45pm (Scugog)\*  
• Sunset Yoga Ajax 7pm (Ajax)\*  
• Balance - Changes and challenges as we age workshop (55+) 6-7pm (Clarington)\*

• Free Fitness Fridays all day (Oshawa)  
• Free Pride Swim 7:15-9pm (Oshawa)  
• Cardio Sculpt 5:15-6:15pm (Whitby)\*

• Free Public Swim 7:10pm (Ajax)  
• Free Public Swim 12-4pm (Clarington)

• FREE Roller Skating drop in 1-2:50pm (Oshawa)  
• Family Yoga 11-11:45am (Clarington)\*  
• Free Public Swim 12-4pm (Clarington)

**Being active gives you more energy!**

• FREE Indoor Tennis Try-it 4:30-8:30pm (Oshawa)

• Stretch & Core 4:15-5:15pm (Whitby)\*

• FREE Squash Try-it 5-9pm (Oshawa)

• Free Fitness Fridays all day (Oshawa)

**Did you know that regular physical activity improves learning?**

• FREE Roller Skating drop in 1-2:50pm (Oshawa)

**Physical Activity helps you have a healthy weight!**

• FREE preschool drop in 9:30-11am (Oshawa)

\* Advanced registration required.